

APPLIED ARTS DIVISION  
Health, Education, and Human Services  
Winter, 2017



**COURSE OUTLINE**

**NURS 1201**

**Adult Health Assessment**

**45 HOURS  
3 CREDITS**

PREPARED BY: Cathy Bradbury

DATE: 26 September, 2016

APPROVED BY: Andrew Richardson, Dean

DATE:

APPROVED BY ACADEMIC COUNCIL: (DATE)

RENEWED BY ACADEMIC COUNCIL: (DATE)

First created: April 29, 2015

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## ADULT HEALTH ASSESMENT

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**INSTRUCTOR:** Catherine Bradbury

**OFFICE HOURS:** by appointment

**OFFICE LOCATION:** C1315

**CLASSROOM:**

**E-MAIL:** [cbradbury@yukoncollege.yk.ca](mailto:cbradbury@yukoncollege.yk.ca)

**TIME:** Fridays 0900-1200  
& Thursdays Jan 5, 19; Feb 2, 16; Mar 9

**TELEPHONE:** 867-668-8845 (HEHS office)

**DATES:** January 5-March 17, 2017

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### COURSE DESCRIPTION

In this course, learners will practice holistic adult health assessment techniques in an organized, safe manner, researching appropriate data sources. Emphasis will be on analyzing findings and responding appropriately. A nursing lab component requires learners to demonstrate beginning competency in head-to-toe assessments.

### PREREQUISITES

ANAT1101 Anatomy and Physiology

### RELATED COURSE REQUIREMENTS

Enrolment in the practical nurse education program or permission of the program coordinator

### EQUIVALENCY OR TRANSFERABILITY

See Bow Valley College transferability information: Click [here](#)

### LEARNING OUTCOMES

Upon successful completion of the course, students will be able to:

- Take and communicate vital signs and pain assessments
- Demonstrate efficient and appropriate focused assessments as well as a “Head-to-Toe” assessment on simulated patients
- Interpret vital signs, physical and psychosocial health assessment data from a variety of sources
- Employ professional communication to transmit assessment findings and interpretations

- Explain the importance and position of assessment in the nursing process relative to the conceptual framework

### **COURSE FORMAT**

Including but not limited to: facilitator-led learning, peer-to-peer projects, in-class and home exercises, LMS activities

### **ASSESSMENTS**

Outcome	Assessment Strategy	Weight
1, 2, 3, 4	Lab Assessments	40%
1, 2, 3, 4, 5	Assignment(s)	20%
3, 5	Written Midterm Exam	20%
3, 5	Written Final Exam	20
Total		100%

Grading will be according to the Bow Valley College letter grade template. An overall minimum final mark for this course must be 64%, letter grade C, grade point value of 2.0 to pass this course.

Professional behaviour is expected. If students expect to miss a class, students will communicate with their instructor ahead of time.

### **REQUIRED TEXTBOOKS AND MATERIALS:**

Potter, P. A., Perry, A. G., Ross-Kerr, J. C., Wood, M. J., Astle, B.J., Duggleby, W. (Eds.). (2014). *Canadian fundamentals of nursing* (5th ed.). Toronto: Elsevier Canada.  
AND

Virtual Clinical Excursions for Foundations of Nursing (9<sup>th</sup> ed.), (2016). Mosby.

### **ACADEMIC AND STUDENT CONDUCT**

Information on academic standing and student rights and responsibilities can be found in the current Academic Regulations that are posted on the Student Services/ Admissions & Registrations web page.

### **PLAGIARISM**

Plagiarism is a serious academic offence. Plagiarism occurs when students present the words of someone else as their own. Plagiarism can be the deliberate use of a whole piece of another person's writing, but more frequently it occurs when students fail to acknowledge and document sources from which they have taken material. Whenever the words, research or ideas of others are directly quoted or paraphrased, they must be documented according to an accepted manuscript style (e.g., APA, CSE, MLA, etc.). Resubmitting a paper which has previously received

credit is also considered plagiarism. Students who plagiarize material for assignments will receive a mark of zero (F) on the assignment and may fail the course. Plagiarism may also result in dismissal from a program of study or the College.

### **YUKON FIRST NATIONS CORE COMPETENCY**

Yukon College recognizes that a greater understanding and awareness of Yukon First Nations history, culture and journey towards self-determination will help to build positive relationships among all Yukon citizens. As a result, to graduate from ANY Yukon College program, you will be required to achieve core competency in knowledge of Yukon First Nations. For details, please see [www.yukoncollege.yk.ca/yfnccr](http://www.yukoncollege.yk.ca/yfnccr).

### **ACADEMIC ACCOMMODATION**

Reasonable accommodations are available for students requiring an academic accommodation to fully participate in this class. These accommodations are available for students with a documented disability, chronic condition or any other grounds specified in section 8.0 of the Yukon College Academic Regulations (available on the Yukon College website). It is the student's responsibility to seek these accommodations. If a student requires an academic accommodation, he/she should contact the Learning Assistance Centre (LAC) at (867) 668-8785 or [lassist@yukoncollege.yk.ca](mailto:lassist@yukoncollege.yk.ca).

## TOPIC OUTLINE:

Assessment Over the Adult Lifespan

Vital Signs and the Assessment of Body Systems

Communication Techniques and the Assessment of the Adult Patient

Assessment within the context of the nursing process and the Bow Valley College Conceptual Framework: Spheres of Caring