

APPLIED ARTS DIVISION
NURS 2503
3 Credit Course
Spring, 2019



COURSE OUTLINE

NURS 2503

MENTAL HEALTH NURSING

**45 HOURS
3 CREDITS**

PREPARED BY: Sue Starks

DATE: 20 March, 2019

APPROVED BY: Dr Andrew Richardson, Dean

DATE:

APPROVED BY ACADEMIC COUNCIL: (date)

RENEWED BY ACADEMIC COUNCIL: (date)

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NURS 2503 MENTAL HEALTH NURSING

INSTRUCTOR: Jessica Murphy

OFFICE HOURS: TBA

OFFICE LOCATION:

CLASSROOM: TBA

E-MAIL: jmurphy@yukoncollege.yk.ca

TIME: Tues 1700-2000 Sat 09-1500

TELEPHONE: (867) 668-8845, HEHS Office
May 4 & June 1, 2019

DATES: Tues Apr 30 -June 25 & Sat.

COURSE DESCRIPTION

Learners are provided an introduction to the assessment, treatments, and nursing interventions for patients with psychiatric and mental health issues. Basic mental health concepts, therapeutic relationships, and assessment strategies are applied within the context of the nursing process, and legal and ethical practices.

PREREQUISITES

ELCC 125; ENGL 100; ANAT110; NURS 1101; NURS 1202; NURS 1301; NURS 1102, NURS 1103, NURS 1201, NURS 1203, NURS 1401

CO-REQUISITES:

None

EQUIVALENCY OR TRANSFERABILITY

See Bow Valley College transferability information: Click [here](#)

LEARNING OUTCOMES

Upon successful completion of the course, students will be able to:

1. Describe the ethical, legal and professional standards of mental health nursing
2. Identify effective therapeutic communication skills for the care of patients with mental health issues/psychosocial needs
3. Describe major psychiatric and mental health concepts and theories and the various treatment modalities
4. Utilize the nursing process and the Conceptual Framework to assess patients with mental health issues and plan, implement and evaluate care
5. Demonstrate a high degree of self-awareness in evaluating your own mental health and its impact on therapeutic relationships
6. Recognize safety risk factors and use interventions to ensure safety of patients and others

COURSE FORMAT

The course may involve a combination of lecture, group work, self-directed study and presentation by guest speakers

ASSESSMENTS

Related Outcomes	Assessment Strategy	Weight
1, 2, 3, 6	Exam 1	35%
2, 4, 5	Assignment	25%
1, 2, 3, 4, 6	Final Exam	40%
Total		100%

Grading will be according to the Bow Valley College letter grade template. An overall minimum final mark for this course must be 64%, letter grade C, grade point value of 2.0 to pass this course.

REQUIRED TEXTBOOKS AND MATERIALS

Jordan Halter, M. (2018). *Varcarolis's Canadian psychiatric mental health nursing: A clinical approach* (2nd Canadian Ed.). C.L. Pollard, S.L. Jakubec (Eds.). Toronto: Elsevier.

ACADEMIC AND STUDENT CONDUCT

Information on academic standing and student rights and responsibilities can be found in the current Academic Regulations that are posted on the Student Services/ Admissions & Registration web page.

PLAGIARISM

Plagiarism is a serious academic offence. Plagiarism occurs when students present the words of someone else as their own. Plagiarism can be the deliberate use of a whole piece of another person's writing, but more frequently it occurs when students fail to acknowledge and document sources from which they have taken material. Whenever the words, research or ideas of others are directly quoted or paraphrased, they must be documented according to an accepted manuscript style (e.g., APA, CSE, MLA, etc.). Resubmitting a paper which has previously received credit is also considered plagiarism. Students who plagiarize material for assignments will receive a mark of zero (F) on the assignment and may fail the course. Plagiarism may also result in dismissal from a program of study or the College.

YUKON FIRST NATIONS CORE COMPETENCY

Yukon College recognizes that a greater understanding and awareness of Yukon First Nations history, culture and journey towards self-determination will help to build positive relationships among all Yukon citizens. As a result, to graduate from ANY Yukon College program, you will be required to achieve core competency in knowledge of Yukon First Nations. For details, please see <https://www.yukoncollege.yk.ca/yukon-first-nations-core-competency>

ACADEMIC ACCOMMODATION

Reasonable accommodations are available for students requiring an academic accommodation to fully participate in this class. These accommodations are

available for students with a documented disability, chronic condition or any other grounds specified in section 8.0 of the Yukon College Academic Regulations (available on the Yukon College website). It is the student's responsibility to seek these accommodations. If a student requires an academic accommodation, he/she should contact the Learning Assistance Centre (LAC) at (867) 668-8785 or lac@yukoncollege.yk.ca

Topic Outline

Mental Health Nursing: An Overview	Mood Disorders
Psychiatric Mental Health Nursing in Acute Care and Community Settings	Anxiety, Obsessive-Compulsive and Related Disorders
Cultural, Legal and Ethical Implications	Somatic Symptom and Dissociative Disorders
Nursing Process in Mental Health Nursing	Eating Disorders and Disorders of Children and Adolescents
Therapeutic Relationships and Therapeutic Communication	Schizophrenia Spectrum and Other Psychotic Disorders
Psychopharmacology	Personality Disorders
Responses to Stress and Psychological Needs of Patients With Medical Conditions	Substance Use and Addictive Disorders
Trauma Interventions	Cognitive Disorders and Psychosocial Needs of Older Adults

BVC GRADING SCHEME

GRADE	PERCENTAGE	GRADE POINT	DESCRIPTION
A+	95-100	4.0	Exceptional
A	90-94	4.0	
A-	85-89	3.67	Excellent
B+	80-84	3.33	
B	75-79	3.0	
B-	70-74	2.67	Good
C+	67-69	2.33	
C	64-66	2.0	
C-	60-63	1.67	Satisfactory
D+	57-59	1.33	
D	50-56	1.0	Minimal Pass
F	0-49	0.0	Fail

A Grade Point Average of 2.0 is required for graduation.
A minimum grade of D / 50% is required to pass this course. However, your program may require a higher grade in this course for you to progress in the program and to graduate. Please refer to your individual Program Content Guide or contact your program coordinator for further details.

An overall minimum final mark for this course must be 64%, letter grade C, grade point value of 2.0 to pass this course.

ACADEMIC ACCOMMODATIONS

Learners with a disability (learning, physical, and/or mental health) may qualify for academic and exam accommodations. For more information, or to apply for accommodations, learners should make an appointment with Accessibility Services in the Learner Success Services (LSS) Department. Accessibility Services can also assist learners who may be struggling with learning but do not have a formal diagnosis. To make an appointment visit LSS on the first floor of the south campus or call 403-410-1440. It is the learner's responsibility to contact Accessibility Services and request academic accommodations. For more information, please visit our website at <http://www.bowvalleycollege.ca/accessibility>.

INSTITUTIONAL CONSIDERATIONS

Bow Valley College is committed to the highest standards of academic integrity and honesty. Learners are urged to become familiar with and uphold the following policies:

Academic Honesty (500-1-7), Learner Code of Conduct, Procedures and Guidelines (500-1-1), Learner Appeals (500-1-12), Attendance (500-1-10), Grading (500-1-6), Academic Continuance and Graduation (500-1-5), and Electronic Communications (300-2-13). Refer to www.mybvc.ca/.

Audio or video recording of lectures, labs, seminars, or any other teaching and learning environment by learners is allowed only with consent of the instructor as part of an approved accommodation plan. Recorded material is to be used solely for personal study, and is not being used or distributed for anyone without prior written consent from the instructor.

Academic honesty is essential to the mission and vision of Bow Valley College. The College is committed to fostering an environment of academic honesty through education and compliance with academic honesty policies. Academic honesty is expected of all learners enrolled at Bow Valley College. Please review the Academic Honesty policy on your account on www.mybvc.ca/.

Learners are encouraged to keep a copy of this course outline for future reference.