Yukon University

BowValley COLLEGE

COURSE OUTLINE

NURS 1504
CARE OF THE OLDER ADULT

3 CREDITS

PREPARED BY: Sue Starks, Instructor/Coordinator Practical Nurse Program
DATE: October 31, 2020

APPROVED BY: Name, Title
DATE: Click or tap to enter a date

APPROVED BY SENATE: Click or tap to enter a date
RENEWED BY SENATE: Click or tap to enter a date

CARE OF THE OLDER ADULT

INSTRUCTOR: Jenna McDowell	**OFFICE HOURS: TBA**
OFFICE LOCATION:	**CLASSROOM:**
E-MAIL: sstarks@yukonu.ca	**TIME: 09-12 Thursdays & Fri Mar 26**
TELEPHONE:	**DATES: Jan 7 – April 15, 2021**

COURSE DESCRIPTION

In this course, learners will gain knowledge and skills needed to provide high quality, relational care for the older adult. Learners will focus on meeting the complex physical, emotional, and cognitive needs for this diverse population by examining best practices in the field of elder care. Through a holistic and person- centered approach, this course examines the experience of aging, common challenges in older adulthood, and nursing care interventions aimed at maintaining or restoring optimal health and functioning.

PREREQUISITES

ENGL100 Academic Writing and Critical Thinking
ELCC 125 Interpersonal Relationships and Communication Skills
ANAT1101 Anatomy and Physiology
NURS1101 Nursing Arts
NURS1202 Nursing Foundation 1
NURS1301 Mathematical Principles of Medication Administration

CO-REQUISITES

NURS 1102 Applied Pharmacology
NURS 1103 Pathophysiology
NURS 1201 Adult Health Assessment
NURS 1203 Nursing Foundations 2

RELATED COURSE REQUIREMENTS

It is highly recommended that all students have access to a computer or other device and Internet to do their studies. The minimum specifications for a student device are as follows:

Requirement	Windows-based PC	Apple Mac/macOS-based PC
Operating System	Windows 10	macOS X
Web Browser	Firefox, Edge or Google Chrome	Firefox, Edge or Google Chrome
RAM/Memory	4 GB	4 GB
Storage	5 GB of available space	5 GB of available space

EQUIVALENCY OR TRANSFERABILITY

See Bow Valley College transferability information @ https://bowvalleycollege.ca/student-resources/academic-services/transfer-credits.

LEARNING OUTCOMES

Upon successful completion of the course, students will be able to...
- Examine aging and its effects on older individuals' health and functioning
- Use appropriate tools to assess functional health of the older adult
- Apply the nursing process to individuals facing common health challenges of older adulthood and end of life
- Recognize safety risks for older adults and describe strategies to maintain safety for older adults
- Examine leadership theory and opportunities for leadership within gerontological nursing

COURSE FORMAT

This course will include a total of 45 hours of on-line learning, videoconference classes, and exams. A combination of synchronous (virtual real-time class meetings through Zoom) and

asynchronous (web-based via Moodle) learning activities are provided. Learning activities may include but are not limited to facilitator-led learning, projects, and on-line exercises.

ASSESSMENTS

COURSE LEARNING OUTCOME(S)	ASSESSMENT	WEIGHT
1, 2, 3, 4, 5	Learning Activities	30%
1, 2, 3, 4, 5	Exam 1	35%
1, 2, 3, 4, 5	Exam 2	35%

Important: For details on each assignment and exam, please see your Course Offering Information.

A minimum grade of D is required to pass this course. However, your program may require a higher grade in this course for you to progress in the program or to meet your specific program completion requirements. **An overall minimum final mark for this course must be 64%, letter grade C, grade point value of 2.0 to pass this course**. Please consult with your program area or contact your program chair for further details.

A minimum Grade Point Average of 2.0 is required for graduation.

GRADE	PERCENTAGE	GRADE POINT	DESCRIPTION
A+	95-100	4.0	Exceptional: superior knowledge of subject matter
A	90-94	4.0	Excellent: outstanding knowledge of subject matter
A-	85-89	3.67	
B+	80-84	3.33	
B	75-79	3.0	Very Good: knowledge of subject matter generally mastered
B-	70-74	2.67	
C+	67-69	2.33	
C	64-66	2.0	Satisfactory/Acceptable: knowledge of subject matter adequately mastered
C-	60-63	1.67	
D+	57-59	1.33	

D	50-56	1.0	Minimal Pass
F	Less than 50	0.0	Fail: an unsatisfactory performance

REQUIRED TEXTBOOKS AND MATERIAL

Touhy, T. A., Jett, K. F., Boscart, V., & McCleary, L. (2019). *Ebersole and Hess' gerontological nursing and healthy aging in Canada* (2nd Canadian ed.). Elsevier Canada.

ACADEMIC AND STUDENT CONDUCT

Information on academic standing and student rights and responsibilities can be found in the current Academic Regulations that are posted on the Student Services/ Admissions & Registration web page.

PLAGIARISM

Plagiarism is a serious academic offence. Plagiarism occurs when a student submits work for credit that includes the words, ideas, or data of others, without citing the source from which the material is taken. Plagiarism can be the deliberate use of a whole piece of work, but more frequently it occurs when students fail to acknowledge and document sources from which they have taken material according to an accepted manuscript style (e.g., APA, CSE, MLA, etc.). Students may use sources which are public domain or licensed under Creative Commons; however, academic documentation standards must still be followed. Except with explicit permission of the instructor, resubmitting work which has previously received credit is also considered plagiarism. Students who plagiarize material for assignments will receive a mark of zero (F) on the assignment and may fail the course. Plagiarism may also result in dismissal from a program of study or the University.

YUKON FIRST NATIONS CORE COMPETENCY

Yukon University recognizes that a greater understanding and awareness of Yukon First Nations history, culture and journey towards self-determination will help to build positive relationships among all Yukon citizens. As a result, to graduate from ANY Yukon University program, you will be required to achieve core competency in knowledge of Yukon First Nations. For details, please see www.yukonu.ca/yfnccr.

ACADEMIC ACCOMMODATION

Reasonable accommodations are available for students requiring an academic accommodation to fully participate in this class. These accommodations are available for students with a documented disability, chronic condition or any other grounds specified in section 8.0 of the Yukon University Academic Regulations (available on the Yukon University website). It is the student's responsibility to seek these accommodations. If a student requires an academic accommodation, he/she should contact the Learning Assistance Centre (LAC): lac@yukonu.ca.

TOPIC OUTLINE

Introduction to aging and holistic care
The aging process
Communicating with older persons
Promoting cultural care for older persons
Care settings for older adults
Assessment tools and documentation in gerontological nursing
Promoting safety for older persons
Common chronic conditions affecting the older adult
Cognitive impairment and neurological conditions in the older adult
Mental health and wellness in later life
Safe medication use for older persons
Navigating end of life care