

APPLIED ARTS DIVISION  
Health, Education, and Human Services  
Winter, 2019



**COURSE OUTLINE**

**NURS 1203**

**NURSING FOUNDATIONS 2**

**90 HOURS  
6 CREDITS**

PREPARED BY: Sue Starks

DATE: November 7, 2018

APPROVED BY:

DATE:

APPROVED BY ACADEMIC COUNCIL: (DATE)

RENEWED BY ACADEMIC COUNCIL: (DATE)

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## NURS 1203 NURSING FOUNDATIONS 2

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**INSTRUCTOR:** Carrie Huffman/Dawn Lammer    **OFFICE HOURS:** by appointment

**OFFICE LOCATION:**                                    **CLASSROOM:** TBA

**E-MAIL:** chuffman@yukoncollege.yk.ca            **TIME:** Mon, Wed & Fri 0900 - 1200

**TELEPHONE:** 867-668-8845 (HEHS office)            **DATES:** Jan 4 - March 29, 2019

To make up for statutory holidays that fall on originally scheduled class time/date, the instructor will work with students to establish an alternative class time/date and communicate this via Moodle and student e-mail.

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### COURSE DESCRIPTION

Holistic interdisciplinary care is emphasized within the framework of professional nursing. Focus is on the principles underlying nursing actions and decision making required for planning and providing safe nursing care to patients using a body system approach. Nursing competencies introduced in the classroom are practiced and assessed in the nursing laboratory.

### PREREQUISITES

ENGL100 Academic Writing and Critical Thinking; ELCC125 Interpersonal Relationships and Communication Skills; ANAT1101 Anatomy and Physiology; NURS1101 Nursing Arts; NURS1202 Nursing Foundations 1

### CO-REQUISITES

NURS1301 Mathematical Principles of Medication Administration; NURS1102 Applied Pharmacology; NURS1103 Pathophysiology

### RELATED COURSE REQUIREMENTS

Enrolment in the practical nurse education program or permission of the program coordinator

## EQUIVALENCY OR TRANSFERABILITY

See Bow Valley College transferability information at <https://bowvalleycollege.ca/student-resources/academic-services/transfer-credits>

## LEARNING OUTCOMES

Upon successful completion of the course, students will be able to:

1. Apply principles that control or prevent transmission of microorganisms based on universal precautions in increasingly complex patient care situations.
2. Demonstrate principles of safe medication administration as it relates to the nursing process.
3. Define the impact of diagnostic tests and results when applying the nursing process.
4. Generate accurate, complete, and concise documentation in simulated patient care scenarios.
5. Apply knowledge of wound healing as it relates to skin integrity within the nursing process.
6. Evaluate the relationships between nutrition, elimination, drainage and the health status of the patient.
7. Predict adaptations to nursing practice when caring for individuals across the lifespan with increased focus on the older adult patient.

## COURSE FORMAT

This course will be a total of 90 hours plus a final exam. Classes include but are not limited to: facilitator-led learning, peer-to-peer projects, in class and home exercises.

## EVALUATION

Learning Outcomes	Assessment Strategy	Weight
1,2,3,5	Two Exams (Exam 1 and Final Exam)	40% (20% each)
1,2,3,4,5,6,7	Two Lab Assessments	50% (25% each)
1,2,3,5,6,7	Learning Activities	10%
75%Total		100%

Grading will be according to the Bow Valley College letter grade template. An overall minimum final mark for this course must be 75%, letter grade B, grade point value of 3.0 to pass this course.

## REQUIRED TEXTBOOKS AND MATERIALS:

Potter, P. A., Perry, A. G., Stockert, P. Hall, A., Astle, B.J. and Duggleby, W. (2018). *Canadian fundamentals of nursing* (6th ed.). Toronto: Elsevier Canada.

## ADDITIONAL LEARNING RESOURCES

Work Safe Alberta Best Practices in Occupational Health and Safety in the Healthcare Industry

[www.work.alberta.ca/occupational-health-safety.html](http://www.work.alberta.ca/occupational-health-safety.html)

Canadian Public Health Association. (2012). *eCPS (for medication information)*. Retrieved from:

<https://www.etherapeutics.ca/wps/portal/!ut/pl.scr/login>

Social determinants of health, the Canadian facts

<http://www.thecanadianfacts.org>

Alberta Health Services. (2012). *Advanced care planning: Goals of care*. Retrieved from: <http://www.calgaryhealthregion.ca/programs/advancecareplanning/index.htm>

## ACADEMIC AND STUDENT CONDUCT

Information on academic standing and student rights and responsibilities can be found in the Academic Regulations that are posted on the Student Services/Admissions & Registration web page.

## PLAGIARISM

Plagiarism is a serious academic offence. Plagiarism occurs when students present the words of someone else as their own. Plagiarism can be the deliberate use of a whole piece of another person's writing, but more frequently it occurs when students fail to acknowledge and document sources from which they have taken material. Whenever the words, research or ideas of others are directly quoted or paraphrased, they must be documented according to an accepted manuscript style (e.g., APA, CSE, MLA, etc.). Resubmitting a paper which has previously received credit is also considered plagiarism. Students who plagiarize material for assignments will receive a mark of zero (F) on the assignment and may fail the course. Plagiarism may also result in dismissal from a program of study or the College.

## YUKON FIRST NATIONS CORE COMPETENCY

Yukon College recognizes that a greater understanding and awareness of Yukon First Nations history, culture and journey towards self-determination will help to

build positive relationships among all Yukon citizens. As a result, to graduate from ANY Yukon College program, you will be required to achieve core competency in knowledge of Yukon First Nations. For details, please see <https://www.yukoncollege.yk.ca/yukon-first-nations-core-competency>

### **ACADEMIC ACCOMMODATION**

Reasonable accommodations are available for students requiring an academic accommodation to fully participate in this class. These accommodations are available for students with a documented disability, chronic condition or any other grounds specified in section 8.0 of the Yukon College Academic Regulations (available on the Yukon College website). It is the student's responsibility to seek these accommodations. If a student requires an academic accommodation, he/she should contact the Learning Assistance Centre (LAC) at (867) 668-8785 or [lassist@yukoncollege.yk.ca](mailto:lassist@yukoncollege.yk.ca).

### **THE LORENE ROBERTSON WRITING CENTRE**

All students are encouraged to make the Writing Centre a regular part of the writing process for coursework. The Lorene Robertson Writing Centre is staffed by helpful writing coaches from across the College and offers one-on-one appointments to students in need of writing support. The Lorene Robertson Writing Centre can help you:

- \* Get started on an assignment and focus your ideas
- \* Outline and plan your assignment
- \* Write clearly, logically and effectively
- \* Address specific needs and writing problems
- \* Revise the first and final drafts of your project
- \* Gain confidence in your writing

For in-person appointments, the Centre coaching office is located in the Academic Support Centre in room A2302. You can also participate in coaching appointments over the phone or online. see the Academic Support Centre schedule for English and writing support times.

## TOPIC OUTLINE

Compare and contrast medical and surgical asepsis	Administration of Medications via Oral, Gastric, Nasogastric Route
Surgical Wound Care, Suture and Staple Removal	Administration of Medications via the Sublingual, Buccal, Nasal, Optic, or Otic Route
Blood Glucose Monitoring	Administration of Medications via the Dermal, Vaginal, or Rectal Route
Documentation and Reporting	Administration of Medications via the Inhalational Route
Urinary Elimination - Catheterization and Bladder Irrigation	Administration of Medications via the Intradermal, Subcutaneous, or Intramuscular Route
Diagnostic Values and Specimen Collection	Oxygenation and Oropharyngeal Suctioning
Enteral Feeding	Caring Across the Lifespan - Gerontology Nursing
Principles of Safe Medication Administration	