

APPLIED ARTS DIVISION  
Health, Education, and Human Services  
Winter, 2019



**COURSE OUTLINE**

**NURS 1201**

**ADULT HEALTH ASSESSMENT**

**45 HOURS  
3 CREDITS**

PREPARED BY: Sue Starks

DATE: November 7, 2018

APPROVED BY:

DATE:

APPROVED BY ACADEMIC COUNCIL: (DATE)

RENEWED BY ACADEMIC COUNCIL: (DATE)

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NURS 1201 ADULT HEALTH ASSESSMENT

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**INSTRUCTOR:** Justine Mackay                      **OFFICE HOURS:** by appointment  
**OFFICE LOCATION:**                                      **CLASSROOM:** TBA  
**E-MAIL:** jmackay@yukoncollege.yk.ca              **TIME:**  
**TELEPHONE:** 867-668-8845 (HEHS office)        **DATES:** Jan 11 - March 26, 2019

To make up for statutory holidays that fall on originally scheduled class time/date, the instructor will work with students to establish an alternative class time/date and communicate this via Moodle and student e-mail.

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**COURSE DESCRIPTION**

This course focuses on the physical, psychosocial, and cultural health assessment. Emphasis falls on differentiating normal from abnormal findings and the significance of the findings. A nursing lab component requires learners to demonstrate competence in physical health assessment.

**PREREQUISITES**

ENGL100 Academic Writing and Critical Thinking; ELCC125 Interpersonal Relationships and Communication Skills; ANAT1101 Anatomy and Physiology; NURS1101 Nursing Arts; NURS1202 Nursing Foundations 1

**CO-REQUISITE**

NURS1301 Mathematical Principles of Medication Administration

**RELATED COURSE REQUIREMENTS**

Enrolment in the practical nurse education program or permission of the program coordinator

**EQUIVALENCY OR TRANSFERABILITY**

See Bow Valley College transferability information at <https://bowvalleycollege.ca/student-resources/academic-services/transfer-credits>

## LEARNING OUTCOMES

Upon successful completion of the course, students will be able to:

1. Demonstrate complete and accurate assessments including vital signs on simulated patients.
2. Distinguish between normal and abnormal physical and psychosocial assessment findings.
3. Communicate and document assessment findings using appropriate and accurate terminology.
4. Discuss how culture and diversity affect individuals' health assessments.

## COURSE FORMAT

This course will be a total of 45 hours plus a final exam. Classes include but are not limited to: facilitator-led learning, peer-to-peer projects, in class and home exercises.

## EVALUATION

Learning Outcomes	Assessment Strategy	Weight
1,2,3,4	Lab Assessment	40%
1,2,3,4	Learning Activities	10%
1,2,3,4	Midterm Exam	25%
1,2,3,4	Final Exam	25%
Total		100%

Grading will be according to the Bow Valley College letter grade template. An overall minimum final mark for this course must be 64%, letter grade C, grade point value of 2.0 to pass this course.

## REQUIRED TEXTBOOKS AND MATERIALS:

Jarvis, C., Browne, A.J., MacDonald-Jenkins, J., & Luctkar-Fude, M., (Eds.) (2018). *Physical examination and health assessment (3<sup>rd</sup> Canadian Edition)*. Toronto, Canada: Elsevier.

## **ACADEMIC AND STUDENT CONDUCT**

Information on academic standing and student rights and responsibilities can be found in the Academic Regulations that are posted on the Student Services/Admissions & Registration web page.

## **PLAGIARISM**

Plagiarism is a serious academic offence. Plagiarism occurs when students present the words of someone else as their own. Plagiarism can be the deliberate use of a whole piece of another person's writing, but more frequently it occurs when students fail to acknowledge and document sources from which they have taken material. Whenever the words, research or ideas of others are directly quoted or paraphrased, they must be documented according to an accepted manuscript style (e.g., APA, CSE, MLA, etc.). Resubmitting a paper which has previously received credit is also considered plagiarism. Students who plagiarize material for assignments will receive a mark of zero (F) on the assignment and may fail the course. Plagiarism may also result in dismissal from a program of study or the College.

## **YUKON FIRST NATIONS CORE COMPETENCY**

Yukon College recognizes that a greater understanding and awareness of Yukon First Nations history, culture and journey towards self-determination will help to build positive relationships among all Yukon citizens. As a result, to graduate from ANY Yukon College program, you will be required to achieve core competency in knowledge of Yukon First Nations. For details, please see <https://www.yukoncollege.yk.ca/yukon-first-nations-core-competency>

## **ACADEMIC ACCOMMODATION**

Reasonable accommodations are available for students requiring an academic accommodation to fully participate in this class. These accommodations are available for students with a documented disability, chronic condition or any other grounds specified in section 8.0 of the Yukon College Academic Regulations (available on the Yukon College website). It is the student's responsibility to seek these accommodations. If a student requires an academic accommodation, he/she should contact the Learning Assistance Centre (LAC) at (867) 668-8785 or [lassist@yukoncollege.yk.ca](mailto:lassist@yukoncollege.yk.ca).

## **THE LORENE ROBERTSON WRITING CENTRE**

All students are encouraged to make the Writing Centre a regular part of the writing process for coursework. The Lorene Robertson Writing Centre is staffed by helpful writing coaches from across the College and offers one-on-one appointments to students in need of writing support. The Lorene Robertson Writing Centre can help you:

- \* Get started on an assignment and focus your ideas
- \* Outline and plan your assignment
- \* Write clearly, logically and effectively
- \* Address specific needs and writing problems
- \* Revise the first and final drafts of your project
- \* Gain confidence in your writing

For in-person appointments, the Centre coaching office is located in the Academic Support Centre in room A2302. You can also participate in coaching appointments over the phone or online. see the Academic Support Centre schedule for English and writing support times.

#### TOPIC OUTLINE

Introduction to Adult Health Assessment	Thorax and Lung Assessment
The Complete Health History	Heart, Peripheral Vascular and Lymphatic System Assessments
Mental Health Assessment, Substance Use, and Interpersonal Violence	Abdomen, Anus, and Rectum Assessments
General Survey, Measurement, and Vital Signs Assessment	Musculoskeletal System Assessment
Pain Assessment	Neurological System Assessment
Skin, Hair, and Nails Assessment	Genitourinary System Assessment
Head, Face, Neck, and EENT Assessment	Complete Health Assessment